
OBSERVED COLLECTIONS

WHAT TO EXPECT AS A DONOR

All observed collections are performed in accordance with the ODAPC regulations regardless of the reason for the test. All donors will be required to abide by the instructions given to them by the observer and/or collector. Failure to follow the instructions may result in the test being cancelled.

Here's what you need to know as a donor:

- The observer **will be the same gender** as you.
- The observer **will enter the restroom or facility** where the collection is to occur with you.
- If the restroom or facility is a multi-stall restroom, the observer **will enter the stall with you**.
- The observer **will request that you raise your shirt, blouse, or dress/skirt, as appropriate, above your waist; and lower your pants/shorts and underwear below your knees to show the observer, by turning around, that you do not have a prosthetic device or anything that might be used to adulterate or substitute your sample**. After the observer has determined that there is no device or substance present, you are permitted to return your clothing to a position appropriate for you to provide your urine specimen.
- The observer **will watch** as you provide your specimen into the collection cup. Specifically, the observer **will personally and directly watch the urine as it goes from your body into the collection container**. No mirrors or video cameras will be allowed or used.
- After you have completed providing your specimen in the collection container, you and the observer will leave the enclosed toilet stall/restroom. **You will hand the collection container directly to the collector**, not the observer (unless the observer and collector are the same). When leaving the toilet stall/restroom, **you must keep the specimen container in visual contact with the observer until you hand the specimen container to the collector**.
- **The observer is not to touch, hold, or carry the collection container** at any time unless the observer is also the collector.

You are encouraged to ask any questions you may have before, during, or after the collection. A simple mistake could result in needing to collect another sample.

THINGS TO CONSIDER:

- If you are unable to provide a specimen and need to leave the restroom to drink water, you will need to repeat all the steps above again each time you make an attempt.
- You do not need to provide a "clean catch" sample for urine drug testing. A clean catch sample is when you urinate a small amount into the toilet before collecting the sample.
- If you are male and you are standing to provide your sample, please be sure to keep the collection cup and the front of your body fully visible to the observer. Being embarrassed or shy during an observed collection is completely normal, and if you aren't used to observed collections, turning away from someone observing you is a natural response, however it prevents the observer from doing their job and could require you to do another collection. Observers are used to performing observed collections and typically are sympathetic but still need to perform the observation.