
DNA SAMPLE COLLECTION INSTRUCTIONS

Step 1: Complete ALL information requested on the DNA sample envelopes for each tested person.

Step 2: Use 4 DNA collection swabs for each tested person. Taking 1 swab at a time, open mouth and rub swab firmly back and forth and up and down on the inside of your cheeks. To collect enough cheek cells, be sure to **rotate the swab and rub for a full 30 seconds.**

To prevent collecting excess saliva, avoid the gum area. To dry, hold and wave swab for 60 seconds, then place it directly into the properly-labeled DNA sample envelope.

NOTE: Insufficient DNA collected may require recollection and delay test results.

Step 3: Repeat step 2 with the remaining swabs, be sure to use all 4.

Step 4: Repeat steps 2-3 for each person.

Step 5: Place DNA sample envelopes in the trackable prepaid return mailer, seal securely, and mail.